SEPTEMBER 2023

Meeting Places

- FH Fellowship Hall
- Ch1982 Channel 1982
- TC Town Center
- 1CR 1st Floor Community Room
- Ch22 Channel 22
- FC Fitness Center
- 2CR 2nd Floor Community Room
- FC1982 Fitness Center/Ch1982
- GLCR Garden Level Community Room
- PC The Pines Cafe
- WL3 3rd Fl Willows Lounge
- AS Art Studio
- IYP In Your Apartment
- WL4 4th Fl Willows Lounge
- OUT Outing
- PR Primrose Living Room
- BR Billiards Room
- C Courtyard
- PCP The Pines Cafe Patio

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					01 9:30 General Exercise with Carolina FC1982 10:00 Cardio with Carolina FC1982 10:40 Tai Chi/ Balance with Carolina FC1982 1:00 "Eye Spy" Low Vision Support Group FH 3:00 Friday Chapel: Glenn P FH 6:30 Reel Fans Movie: From Here to Eternity FH	**02** 8:30 Clermont Walking Group TC 1:00 Musical Rehearsal FH 2:00 Virtual Fitness (Seated) Ch1982 2:30 Virtual Fitness (Standing) Ch1982 3:00 TED Talk: The Molecular Love Story That Could Power the World Ch1982 3:00 Watch Together: The Chosen GLCR
03 9:45 Sunday Worship: Rev. Cindy FH 10:45 Fellowship/Coffee after Church TC	Labor Day **04** All Day Happy Labor Day 9:30 General Exercise with Carolina FC1982 9:45 Catholic Mass 1CR 10:00 Cardio with Carolina FC1982 10:40 Healthy Back with Carolina FC1982 6:00 Musical Rehearsal FH	**05** 9:00 Men's Fellowship PC 9:00 Sharing Silence: Prayer/Med Group GLCR 10:00 Building & Grounds Resident Committee WL3 10:00 Cranium Crunches AS 10:00 Virtual Fitness (2 Seated Classes) Ch1982 12:45 Art Class With Julie AS 1:00 Wii Bowling FC 3:00 Listening & Learning with Don FH	**06** 9:00 Tech Support IYP 9:30 Men's Bible Study WL4 9:30 General Exercise with Carolina FC1982 11:00 "Singin in the Rain" Ticket Sales TC 1:30 Imagination Lab (Community Brainstorm) FH 3:00 Dramatic Script Reading with Jan: South African Folk Tales FH 6:30 Bingo! FH	**07** 10:00 Fitness with Lisa (10a & 10:30a) FC1982 11:00 "Singin in the Rain" Ticket Sales #2 TC 1:00 Coloring & Conversation Group AS 1:00 Wii Bowling FC 2:30 Virtual Lecture: Alzheimer's & Dementia (What We Know Now) FH 6:00 Musical Rehearsal FH	**08** 9:30 Outing to Dogman: The Musical at Newman Center OUT 9:30 General Exercise with Carolina FC1982 10:00 Cardio with Carolina FC1982 10:40 Tai Chi/ Balance with Carolina FC1982 3:00 Hymn Sing FH 6:30 Reel Fans Movie: The Way FH	**09** 8:30 Clermont Walking Group TC 1:00 Musical Rehearsal FH 2:00 Virtual Fitness (Seated) Ch1982 2:30 Virtual Fitness (Standing) Ch1982 3:00 TED Talk: The Brain-Changing Benefits of Exercising Ch1982 3:00 Watch Together: The Chosen GLCR
10 9:45 Sunday Worship: Rev. Karen FH 10:45 Fellowship/Coffee after Church TC	**11** 9:30 General Exercise with Carolina FC1982 10:00 CP Women's Group: Roses & Thorns FH 10:00 Cardio with Carolina FC1982 10:40 Healthy Back with Carolina FC1982 1:00 Knitting for a Kause WL3 1:30 Game Time: Trivial Pursuit FH 2:00 Learn Sign Language with Karol AS 6:00 Musical Rehearsal FH	**12** 10:00 Cranium Crunches AS 10:00 Fitness with Lisa (10a & 10:30a) FC1982 11:30 Denver Public Library Bookmobile TC 12:45 Art Class With Julie AS 1:00 CP Bake Sale for the Alzheimer's Association FH 1:00 Wii Bowling FC 6:30 Tuesday Night Documentary: Jane FH	**13** 9:00 Tech Support IYP 9:30 Men's Bible Study WL4 9:30 General Exercise with Carolina FC1982 10:15 Active Minds Poetry PR 11:30 Beginner Spanish Language Class AS 1:30 Chaplain Karen Farewell Ice Cream Social 2CR 1:30 Fitness Center Tour FC 3:00 Finding Your Roots Social Hour FH	**14** All Day Wear Purple for the Alzheimer's Association 10:00 CP Community Walk to End Alzheimer's TC 10:00 Fitness with Lisa (10a & 10:30a) FC1982 1:00 Coloring & Conversation Group AS 1:00 Wii Bowling FC 3:00 Active Minds: Finland FH 6:00 Musical Rehearsal FH	**15** 9:30 General Exercise with Carolina FC1982 10:00 Cardio with Carolina FC1982 10:40 Tai Chi/ Balance with Carolina FC1982 1:30 Life Enrichment Calendar Planning FH 3:00 Friday Chapel: Karen FH 6:30 Reel Fans Movie FH	**16** 8:15 Outing to Denver Walk to End Alzheimer's OUT 8:30 Clermont Walking Group TC 1:00 Musical Rehearsal FH 2:00 Virtual Fitness (Seated) Ch1982 2:30 Virtual Fitness (Standing) Ch1982 3:00 Watch Together: The Chosen GLCR 3:00 TED Talk Ch1982
17 9:45 Sunday Worship: Chap Brian FH 10:45 Fellowship/Coffee after Church TC	**18** 9:30 General Exercise with Carolina FC1982 10:00 Crazy Stitch Alterations with Karol BR 10:00 Women's Bible Study FH 10:00 Cardio with Carolina FC1982 1:00 Knitting for a Kause WL3 1:00 Pet Committee GLCR 2:00 Learn Sign Language with Karol AS 3:00 Birthday Party FH	**19** 9:00 Men's Fellowship PC 10:00 Cranium Crunches AS 10:00 Fitness with Lisa (10a & 10:30a) FC1982 11:00 Outing to Perfect Landing OUT 12:45 Art Class With Julie AS 1:00 Wii Bowling FC 2:30 Courtyard Concert with Gypsy Mandolin Trio C 6:30 Book Talk FH	**20** 9:00 Tech Support IYP 9:30 Men's Bible Study WL4 9:30 Exercise with Carolina FC1982 11:30 Beginner Spanish Language Class AS 1:00 Natural Grocers Presentation: Maximize Your Healthspan Ch22 1:00 Let's Talk Food! FH 3:00 Dramatic Script Reading with Jan: Bring a Story FH 6:30 Bingo! FH	**21** 10:00 Fitness with Lisa (10a & 10:30a) FC1982 10:30 Book Club with Amanda FH 1:00 Coloring & Conversation Group AS 1:00 Wii Bowling FC 2:30 Virtual Lecture: The Literary Genius of Shakespeare FH 6:00 Musical Rehearsal FH	**22** 9:30 General Exercise with Carolina FC1982 10:00 Cardio with Carolina FC1982 10:40 Tai Chi/ Balance with Carolina FC1982 1:30 "Come Again" Low Hearing Group FH 3:00 Hymn Sing FH 6:30 Reel Fans Movie FH	**23** 8:30 Clermont Walking Group TC 10:30 Music with Lamont: Angela & Brett Mitchell (Vocalist & Piano) FH 1:00 Musical Rehearsal FH 2:00 Virtual Fitness (Seated) Ch1982 2:30 Virtual Fitness (Standing) Ch1982 3:00 Watch Together: The Chosen GLCR 3:00 TED Talk Ch1982
24 9:45 Sunday Worship: Chap. Jordan FH 10:45 Fellowship/Coffee after Church TC 2:30 Children's Piano Recital (Shaak Music Studio) FH	**25** 9:30 General Exercise with Carolina FC1982 10:00 CP Women's Group: Beautiful Places FH 10:00 Cardio with Carolina FC1982 10:40 Healthy Back with Carolina FC1982 1:00 Fall Color Ride OUT 1:00 Knitting for a Kause WL3 2:00 Learn Sign Language with Karol AS 6:00 Musical Rehearsal FH	**26** 9:00 Sharing Silence: Prayer/Med Group GLCR 10:00 Cranium Crunches AS 10:00 Fitness with Lisa (10a & 10:30a) FC1982 11:30 Denver Public Library Bookmobile TC 12:45 Art Class With Julie AS 1:00 Fall Color Ride OUT 1:00 Wii Bowling FC	**27** 9:00 Tech Support IYP 9:30 Men's Bible Study WL4 9:30 General Exercise with Carolina FC1982 10:00 Group Dance with Carolina FC1982 10:40 Healthy Back with Carolina FC1982 11:30 Beginner Spanish Language Class AS 1:00 Wellness Talk with Trina: FC 2:30 Game Time: Trivial Pursuit FH 7:00 Clermont Park After Dark PCP	**28** 9:30 Episcopal Eucharist Service GLCR 10:00 Fitness with Lisa (10a & 10:30a) FC1982 10:30 Book Club with Amanda FH 1:00 Coloring & Conversation Group AS 1:00 Wii Bowling FC 3:00 Active Minds: Brazil 2CR 6:00 Musical Rehearsal FH	**29** 9:30 General Exercise with Carolina FC1982 10:00 Cardio with Carolina FC1982 10:40 Tai Chi/ Balance with Carolina FC1982 1:30 Fitness Center Tour FC 3:00 All Community Prayer Time FH 6:30 Reel Fans Movie FH	**30** 8:30 Clermont Walking Group TC 1:00 Musical Rehearsal FH 2:00 Virtual Fitness (Seated) Ch1982 2:30 Virtual Fitness (Standing) Ch1982 3:00 Watch Together: The Chosen GLCR 3:00 TED Talk Ch1982