

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

Primrose & Goldenrod Neighborhood

			<p>9:00 Garden Care (GR & PR) 9:30 Exercise: Hand Weights (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 2:00 Cooking with the Chef (PR) 3:00 March Trivia (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:30 "Old Stuff Day" A look at Antiques (PR)</p> <p>2:00 Music with Mark Paulson (GR) 3:00 Making Honey Simple Syrup (PR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 SingFit Music (GR)</p> <p>1:30 Eldergrow Gardening (GR) 3:00 The Irish Maid Cocktail Happy Hour (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Exercise with Octaband (GR)</p> <p>2:15 Saturday Matinee: Luck of the Irish (GR)</p>
<p>9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH)</p> <p>2:00 Children's Piano Recital (FH)</p>	<p>9:45 Catholic Mass (FH)</p> <p>Purim Begins</p>	<p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:00 Terry's Time! (PR)</p> <p>12:45 Fitness Center Time! 3:00 National Geographic: Europe from Above (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Exercise with the Balls (PR) 10:15 Active Minds Poetry (PR)</p> <p>1:00 Chaplain Chats (PR) 2:00 Cooking with the Chef (PR) 2:45 Music Therapy with Katie (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:45 Lunch at Darcey's Bistro & Pub (S/U)</p> <p>2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 National Geographic: Strangest Bird Alive (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Fondue Fun! (HS 2CR) 2:15 Dominos (GR & PR) 3:00 Green Apple Sangria Happy Hour (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Exercise with Octaband (GR)</p> <p>2:15 Saturday Matinee: Darby O'Gill and the Little People (GR)</p>
<p>9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH)</p> <p>Daylight Saving Time Begins</p>		<p>9:00 Garden Care (GR & PR) 9:30 Tai Chi with Don (PR) 10:30 Old Time Hymn Sing with Dory (GR)</p> <p>12:45 Fitness Center Time! 2:00 Music with Josh! (PR) 3:00 National Geographic: Europe from Above (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Exercise: Hand Weights (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 1:30 Music with Calvin Weatherall (FH) 3:00 Resident Council (PR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:30 Shamrock Art (AS)</p> <p>12:30 Joy Ride (S/U) 2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Leprechaun Hunting (PR & GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 SingFit Music (GR)</p> <p>1:30 Clermont "Pub" Crawl 3:00 Irish Redhead Cocktail Happy Hour (GR)</p> <p>St. Patrick's Day</p>	<p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Children's Chorale with Pete (FH)</p> <p>2:15 Saturday Matinee: The Quiet Man (GR)</p>
<p>9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH)</p>	<p>3:00 Birthday Party (FH)</p> <p>Spring Begins</p>	<p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:00 Making Barmbrack Bread (PR)</p> <p>12:45 Making Lemon Balm Oil (AS) 1:30 Eldergrow Gardening (GR) 3:00 National Geographic: Europe from Above (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Exercise with the Balls (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 2:00 Cooking with the Chef (PR) 2:45 Music Therapy with Katie (GR)</p> <p>Ramadan Begins</p>	<p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:45 Out to a Perfect Landing (S/U)</p> <p>2:30 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Making Drunken Leprechaun Treats (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 SingFit Music (GR)</p> <p>12:45 Outdoor Stroll (Meet at Elevator) 3:00 Pot of Gold Mimosa Happy Hour (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Music with Lamont (FH)</p> <p>2:15 Saturday Matinee: Leap Year (GR)</p>
<p>9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH)</p>		<p>9:00 Garden Care (GR & PR) 9:30 Tai Chi with Don (PR) 10:30 Old Time Hymn Sing with Dory (GR)</p> <p>12:45 Fitness Center Time! 3:00 National Geographic: Europe from Above (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Exercise: Hand Weights (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 1:30 Twister Bean Bag Toss (PR) 3:00 Guided Imagery with Donna (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:30 Memories in the Making Art (AS)</p> <p>12:30 Joy Ride (S/U) 2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Lemon Balm Foot Soak and Lemondrop Cocktail (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 SingFit Music (GR)</p> <p>12:45 Outdoor Stroll (Meet at Elevator) 3:00 Bunny Colada Cocktail Happy Hour (GR)</p>	<p>Happy Birthday:</p> <p>Marv C. 8th Mollie G. 26th</p>