

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2022

Primrose & Goldenrod Neighborhoods

<p>9:00 Garden Care (GR & PR) 9:30 Sunday Worship (CH 55) 10:30 Exploring IN2L (GR)</p> <p>1:00 Relaxation Hour: Manicures 2:15 Pokeno (GR) 3:00 Afternoon Exercise (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Morning Fitness (PR) 9:45 Catholic Mass (FH) 10:30 Bingo (GR)</p> <p>1:00 Yahtzee (GR) 1:30 Ole Time TV: The Johnny Carson Show (GR) 3:00 Music and Meditation (GR)</p> <p style="text-align: center;">Labor Day</p>	<p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:00 Terry's Time! (PR)</p> <p>12:45 Fresh Flower Arrangements (GR) 1:30 Eldergrow Gardening (GR) 3:00 National Geographic: Drain the Oceans (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Exercise: Hand Weights (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 2:00 Cooking with the Chef (PR) 3:00 Citrus Foot Soak and A Cocktail (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Balloon Volleyball (PR) 10:30 IN2L Trivia (GR)</p> <p>12:30 Joy Ride (S/U) 2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Beaded Pipe Cleaner Indian Corn Craft (AS)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 SingFit Music (GR)</p> <p>12:45 Outdoor Stroll (Meet at Elevator) 2:00 Dominoes (GR & PR) 3:00 Strawberry Moscow Mule Happy Hour (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Exercise with Octaband (GR)</p> <p>2:15 Saturday Matinee: Peter Rabbit (GR)</p>
<p>9:00 Garden Care (GR & PR) 9:30 Sunday Worship (CH 55) 10:30 Exploring IN2L (GR)</p> <p>1:00 Relaxation Hour: Manicures 2:15 Pokeno (GR) 3:00 Afternoon Exercise (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Morning Fitness (PR) 9:45 Catholic Mass (FH) 10:30 Bingo (GR)</p> <p>1:00 Rummikub (GR) 1:30 Ole Time TV: The Carol Burnett Show (GR) 3:00 Music and Meditation (GR)</p> <p style="text-align: center;">74th Emmy Awards 5pm NBC</p>	<p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:30 Old Time Hymn Sing with Dory (GR)</p> <p>1:00-2:00 Bake Sale (FH) 2:00 Music with Josh! (PR) 3:00 National Geographic: Drain the Oceans (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Exercise with the Balls (PR) 10:15 Active Minds Poetry (PR)</p> <p>1:00 Chaplain Chats (PR) 1:30 Making Homemade Pop Tarts (PR) 2:45 Music Therapy with Katie (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:00 Rocky Mountain Arsenal Tour and Picnic Lunch (S/U)</p> <p>2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Grow a Pet Day: Chia Pets! (AS)</p>	<p>9:00 Garden Care (GR & PR) 9:15 Strength Training: MoveMor Boards (PR) 10:30 SingFit Music (GR)</p> <p>12:45 Outdoor Stroll (Meet at Elevator) 2:15 Dominos (GR & PR) 3:00 Iced Dirty Chai White Russian Cocktail Happy Hour</p>	<p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Fitness with Jackie! (PR)</p> <p>2:15 Saturday Matinee: Grease (GR)</p>
<p>9:00 Garden Care (GR & PR) 9:30 Sunday Worship (CH 55) 10:30 Exploring IN2L (GR)</p> <p>1:00 Relaxation Hour: Manicures 2:15 Pokeno (GR) 3:00 Afternoon Exercise (GR)</p> <p style="text-align: center;">Grandparents Day</p>	<p>9:00 Garden Care (GR & PR) 9:30 Morning Fitness (PR) 10:30 Bingo (GR)</p> <p>1:00 Rummikub (GR) 1:30 Ole Time TV: The Carol Burnett Show (GR) 3:00 Music and Meditation (GR)</p> <p style="text-align: center;">74th Emmy Awards 5pm NBC</p>	<p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:30 Old Time Hymn Sing with Dory (GR)</p> <p>1:00-2:00 Bake Sale (FH) 2:00 Music with Josh! (PR) 3:00 National Geographic: Drain the Oceans (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Exercise with the Balls (PR) 10:15 Active Minds Poetry (PR)</p> <p>1:00 Chaplain Chats (PR) 1:30 Making Homemade Pop Tarts (PR) 2:45 Music Therapy with Katie (GR)</p>	<p>9:00 Garden Care (GR & PR) 10:00 CP Walk to End Alzheimer's</p> <p>2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Melted Crayon Pumpkin Art (AS) 4:30-6:30 End of Summer BBQ</p>	<p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 SingFit Music (GR)</p> <p>12:45 Outdoor Stroll (Meet at Elevator) 2:15 Dominos (GR & PR) 3:00 Washington Apple Cocktail Happy Hour (GR)</p> <p style="text-align: center;">Oktoberfest Begins</p>	<p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Fitness with Jackie! (PR)</p> <p>2:15 Saturday Matinee: Gus (GR)</p>
<p>9:00 Garden Care (GR & PR) 9:30 Sunday Worship (CH 55) 10:30 Exploring IN2L (GR)</p> <p>1:00 Relaxation Hour: Manicures 2:15 Pokeno (GR) 3:00 Afternoon Exercise (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Morning Fitness (PR) 10:30 Bingo (GR)</p> <p>1:00 Yahtzee (GR) 1:30 Ole Time TV: The Andy Griffith Show (GR) 3:00 Birthday Party! (FH)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:15 Crockpot Apple Butter (AS)</p> <p>12:45 Fresh Flower Arrangements (GR) 1:30 Eldergrow Gardening (GR) 3:00 National Geographic: Drain the Oceans (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Exercise: Hand Weights (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 2:00 Cooking with the Chef (PR) 3:00 Resident Council (PR)</p>	<p>9:00 Garden Care (GR & PR) 8:00 Breakfast at IHop (S/U)</p> <p>12:45 Afternoon Exercise (GR) 2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Broken Jewelry Art: Fall Leaves (AS)</p> <p style="text-align: center;">Autumn Begins</p>	<p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 SingFit Music (GR)</p> <p>12:45 Outdoor Stroll (Meet at Elevator) 3:00 Apple Cider Margarita Happy Hour (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Music with Lamont (FH)</p> <p>2:15 Saturday Matinee: The Million Dollar Duck (GR)</p>
<p>9:00 Garden Care (GR & PR) 9:30 Sunday Worship (CH 55) 10:30 Exploring IN2L (GR)</p> <p>1:00 Relaxation Hour: Manicures 2:15 Pokeno (GR) 3:00 Afternoon Exercise (GR)</p> <p style="text-align: center;">Rosh Hashanah Begins</p>	<p>9:00 Garden Care (GR & PR) 9:30 Morning Fitness (PR) 10:30 Bingo (GR)</p> <p>1:00 Rummikub (GR) 1:30 Ole Time TV: The Golden Girls (GR) 3:00 Music and Meditation (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:30 Old Time Hymn Sing with Dory (GR)</p> <p>12:45 Fall Flower Arrangements (GR) 2:00 Music with Josh! (PR) 3:00 National Geographic: Drain the Oceans (GR)</p>	<p>9:00 Garden Care (GR & PR) 9:15 Exercise with the Balls (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 1:30 Homemade Apple Butter Cookies (PR) 2:45 Music Therapy with Katie (GR)</p>	<p>9:00 Garden Care (GR & PR) 10:00 Fall Colors Tour and Lunch (S/U)</p> <p>2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Making Fall Door Wreaths (AS)</p>	<p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 SingFit Music (GR)</p> <p>12:45 Outdoor Stroll (Meet at Elevator) 2:15 Dominos (GR & PR) 3:00 Fall Long Island Iced Tea Happy Hour (GR)</p>	<p style="text-align: center;">Happy Birthday</p> <p style="text-align: center;">Gary R. 4th Sally P. 17th Charlotte H. 22nd</p>