

# December 2021

Clermont Park (IL | Activities)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MERRY CHRISTMAS!			1	2	3	4
			9:30 Holiday Decorating Party w/ Gingerbread Cookies, <b>TC</b> 9:30 Men's Bible Study, <b>FH</b> 9:30 General Exercise with Carolina, <b>FC</b> 10:00 Strength Training with Carolina, <b>FC</b> 10:40 Healthy Back with Carolina, <b>FC</b> 11:30 Beginner Spanish Language Class, <b>AS</b> 1:15 Knitting for a Kause, <b>WL3</b> 3:00 Darts with Joe, <b>BR</b> 3:00 Dramatic Script Reading with Jan, <b>FC</b> 6:30 Mid-Week Music: La La Land, <b>Ch22</b>	10:00 General Exercise with Jackie, <b>FC</b> 10:30 Presentation: Avoiding Holiday Scams with Haley (from the DA), <b>FH</b> 10:30 Yoga with Jackie, <b>FC</b> 1:00 Coloring Group, <b>AS</b>	9:30 General Exercise with Carolina, <b>FC</b> 10:00 Everyday Ethics: Current Events and Faith, <b>FH</b> 10:00 Strength Training with Carolina, <b>FC</b> 10:40 Tai Chi/ Balance with Carolina, <b>FC</b> 3:00 Friday Worship Service, <b>FH</b> 6:30 Reel Fans Movie: Wadjda, <b>FH</b>	2:00 Virtual Fitness (Seated), <b>Ch22</b> 2:30 Virtual Fitness (Standing), <b>Ch22</b> 3:00 TED Talk: The Transformative Power of Classical Music, <b>Ch22</b>
5	6	7	8	9	10	11
10:00 Sunday Worship, <b>FH</b> 1:00 Baroque Christmas Music (2 hrs), <b>Ch22</b>	9:30 General Exercise with Carolina, <b>FC</b> 9:45 Catholic Mass, <b>FH</b> 10:00 Strength Training with Carolina, <b>FC</b> 10:40 Healthy Back with Carolina, <b>FC</b> 1:30 Make a Christmas Wreath with Mary (Sign Up Only), <b>AS</b> 6:30 Monday Night Movie: Shall We Dance?, <b>Ch22</b>	10:00 Community Safety Meeting with Denver Police, <b>FH</b> 10:00 Cranium Crunches, <b>AS</b> 10:00 General Exercise with Jackie, <b>FC</b> 10:30 Yoga with Jackie, <b>FC</b> 11:30 Denver Public Library Bookmobile, <b>TC</b> 12:45 Art Class With Julie, <b>AS</b> 1:00 Infinity Rehab Talk with Trina: Balance, <b>FH</b> 2:30 Virtual Lecture: Christmas in America, <b>FH</b> 2:30 Activated Insights Survey Help, <b>TC</b> 5:30 CP Community Lighting Ceremony, <b>TC</b>	9:30 Men's Bible Study, <b>FH</b> 9:30 General Exercise with Carolina, <b>FC</b> 10:00 Strength Training with Carolina, <b>FC</b> 10:40 Healthy Back with Carolina, <b>FC</b> 11:30 Beginner Spanish Language Class, <b>AS</b> 1:15 Knitting for a Kause, <b>WL3</b> 3:00 Darts with Joe, <b>BR</b> 6:30 Mid-Week Music: Sister Act, <b>Ch22</b>	10:00 General Exercise with Jackie, <b>FC</b> 10:30 Yoga with Jackie, <b>FC</b> 1:00 Coloring Group, <b>AS</b> 1:30 Holiday Cards Service Project, <b>FH</b> 3:00 Active Minds: King Tut, <b>FH</b>	9:30 General Exercise with Carolina, <b>FC</b> 10:00 Everyday Ethics: Current Events and Faith, <b>FH</b> 10:00 Strength Training with Carolina, <b>FC</b> 10:40 Tai Chi/ Balance with Carolina, <b>FC</b> 2:00 Superfoods Presentation with Emilie, <b>TC</b> 3:00 Friday Worship Service, <b>FH</b> 6:30 Reel Fans Movie: Strangers In Good Company, <b>FH</b>	2:00 Virtual Fitness (Seated), <b>Ch22</b> 2:30 Virtual Fitness (Standing), <b>Ch22</b> 3:00 TED Talk: A Broken Body Isn't a Broken Person, <b>Ch22</b>
12	13	14	15	16	17	18
10:00 Sunday Worship, <b>FH</b>	9:30 General Exercise with Carolina, <b>FC</b> 10:00 Bible Study with Jim, <b>FH</b> 10:00 Strength Training with Carolina, <b>FC</b> 10:40 Healthy Back with Carolina, <b>FC</b> 11:00 Maggiano's Little Italy lunch outing, <b>OUT</b> 3:00 Dramatic Script Reading Performance, <b>FH</b> 6:30 Monday Night Movie, <b>Ch22</b>	10:00 Cranium Crunches, <b>AS</b> 10:00 General Exercise with Jackie, <b>FC</b> 10:30 Yoga with Jackie, <b>FC</b> 12:45 Art Class With Julie, <b>AS</b> 3:00 Resident Assembly, <b>FH</b>	9:30 Men's Bible Study, <b>FH</b> 9:30 General Exercise with Carolina, <b>FC</b> 10:00 Strength Training with Carolina, <b>FC</b> 10:40 Healthy Back with Carolina, <b>FC</b> 11:30 Beginner Spanish Language Class, <b>AS</b> 1:00 Natural Grocers Presentation: "Digestive Health 101", <b>Ch22</b> 1:15 Knitting for a Kause, <b>WL3</b> 3:00 Darts with Joe, <b>BR</b> 5:00 Dinner Concert: Siuzanna Iglidan, <b>FH</b>	10:00 General Exercise with Jackie, <b>FC</b> 10:30 Yoga with Jackie, <b>FC</b> 1:00 Coloring Group, <b>AS</b> 2:30 Community Christmas Carols, <b>FH</b>	9:30 General Exercise with Carolina, <b>FC</b> 10:00 Everyday Ethics: Current Events and Faith, <b>FH</b> 10:00 Strength Training with Carolina, <b>FC</b> 10:40 Tai Chi/ Balance with Carolina, <b>FC</b> 1:30 CLC Leadership-Resident Chat, <b>FH</b> 3:00 Friday Worship: Festival of Carols, <b>FH</b> 6:30 Reel Fans Movie, <b>FH</b>	2:00 Virtual Fitness (Seated), <b>Ch22</b> 2:30 Virtual Fitness (Standing), <b>Ch22</b> 3:00 TED Talk:, <b>Ch22</b>
19	20	21	22	23	24	25
10:00 Sunday Worship, <b>FH</b>	<b>All Day</b> Wear Your Favorite Ornament Day 9:30 General Exercise with Carolina, <b>FC</b> 10:00 Strength Training with Carolina, <b>FC</b> 10:40 Healthy Back with Carolina, <b>FC</b> 3:00 Birthday Party, <b>FH</b> 5:30 Christmas Light Ride (IL), <b>OUT</b> 6:30 Monday Night Movie:, <b>Ch22</b>	<b>All Day</b> Christmas Music Day 9:30 Men's Fellowship, <b>FH</b> 10:00 Cranium Crunches, <b>AS</b> 10:00 General Exercise with Jackie, <b>FC</b> 10:30 Calvin's Christmas Concert, <b>FH</b> 10:30 Yoga with Jackie, <b>FC</b> 11:30 Denver Public Library Bookmobile, <b>TC</b> 12:45 Art Class With Julie, <b>AS</b> 2:00 Classical Christmas Music with Rich P, <b>FH</b> 3:30 Redwood Clinic Open House/Perennial, <b>FH</b> 4:30 Longest Night Service, <b>FH</b>	<b>All Day</b> Christmas Sweater/Socks Day 9:30 Men's Bible Study, <b>FH</b> 9:30 General Exercise with Carolina, <b>FC</b> 10:00 Strength Training with Carolina, <b>FC</b> 10:40 Healthy Back with Carolina, <b>FC</b> 11:30 Beginner Spanish Language Class, <b>AS</b> 1:15 Knitting for a Kause, <b>WL3</b> 3:00 Darts with Joe, <b>BR</b> 3:00 Listening & Learning with Don, <b>FH</b> 6:30 Mid-Week Music:, <b>Ch22</b>	<b>All Day</b> Milk & Cookies Day 10:00 General Exercise with Jackie, <b>FC</b> 10:30 Yoga with Jackie, <b>FC</b> 1:00 Coloring Group, <b>AS</b> 1:30 Cozy Christmas Party, <b>FH</b> 3:00 Active Minds: Franklin Delano Roosevelt, <b>FH</b>	<b>All Day</b> Wear Red/Green Day 12:00 Reel Fans Movie: Miracle on 34th Street, <b>FH</b> 9:30 General Exercise with Carolina, <b>FC</b> 10:00 Everyday Ethics: Current Events and Faith, <b>FH</b> 10:00 Strength Training with Carolina, <b>FC</b> 10:40 Tai Chi/ Balance with Carolina, <b>FC</b> 3:00 Christmas Eve Candlelite Service, <b>FH</b>	2:00 Virtual Fitness (Seated), <b>Ch22</b> 2:30 Virtual Fitness (Standing), <b>Ch22</b> 3:00 TED Talk:, <b>Ch22</b>
26	27	28	29	30	31	MEETING PLACES
10:00 Christmas Sunday Worship, <b>FH</b>	9:30 General Exercise with Carolina, <b>FC</b> 10:00 Bible Study with Jim, <b>FH</b> 10:00 Strength Training with Carolina, <b>FC</b> 10:40 Healthy Back with Carolina, <b>FC</b> 1:30 Bunco Party! (Group Game), <b>FH</b> 6:30 Monday Night Movie, <b>Ch22</b>	10:00 Cranium Crunches, <b>AS</b> 10:00 General Exercise with Jackie, <b>FC</b> 10:30 Yoga with Jackie, <b>FC</b>	9:30 Men's Bible Study, <b>FH</b> 9:30 General Exercise with Carolina, <b>FC</b> 10:00 Strength Training with Carolina, <b>FC</b> 10:40 Healthy Back with Carolina, <b>FC</b> 11:30 Beginner Spanish Language Class, <b>AS</b> 1:15 Knitting for a Kause, <b>WL3</b> 3:00 Darts with Joe, <b>BR</b> 6:30 Mid-Week Music, <b>Ch22</b>	10:00 General Exercise with Jackie, <b>FC</b> 10:30 Yoga with Jackie, <b>FC</b> 1:00 Coloring Group, <b>AS</b> 2:30 Virtual Lecture:, <b>FH</b>	9:30 General Exercise with Carolina, <b>FC</b> 10:00 Everyday Ethics: Current Events and Faith, <b>FH</b> 10:00 Strength Training with Carolina, <b>FC</b> 10:40 Tai Chi/ Balance with Carolina, <b>FC</b> 3:00 Friday Worship Service, <b>FH</b> 5:00 New Year's Eve Celebration, <b>FH</b>	<b>TC</b> - Town Center <b>FH</b> - Fellowship Hall <b>FC</b> - Fitness Center <b>AS</b> - Art Studio <b>WL3</b> - 3rd FI Willows Lounge <b>BR</b> - Billiards Room <b>Ch22</b> - Channel 22 <b>OUT</b> - Outing