

SUN MON TUE WED THUR FRI SAT



Fall Begins!
Tuesday,
September 22nd

1
8:30 Wellness Walking Group with Social Distance! (2nd floor Willows)
9:30 Morning Devotional with Mike (Channel 55)
10:00 Chair Exercise with Jackie (Channel 55)
10:00 Cranium Crunches (S/U) (FH)
10:30 Yoga with Jackie (Channel 55)
10:30 The Great British Baking Show (TV Series) (Channel 22)
1:00 Amazon Online Shopping with Laura (Aspens Conference Room (TC Concierge))
2:00 Common Grounds (Channel 55)
2:30 Conversation Connections: Not Just For Laughs (Sign-Up) (FH)
3:30 Stories with Jan B: Stories from Brothers Grimm (Channel 55)
4:00 Feature Film: Les Miserables (Channel 55)

2
8:00 Online Grocery Shopping Assistance! 8-9:30a (Art Studio Computers)
9:30 Classic TV Shows! (Channel 22)
9:30 Exercise with Carolina (Channel 55)
10:00 Strength training with Carolina (Channel 55)
10:30 Civilizations (Art Docuseries): The Second Moment of Creation (Channel 22)
10:40 Healthy Back (Channel 55)
1:30 Spanish for Beginners (Channel 55)
4:00 Anne of Green Gables (Mini-Series Part 2) (Channel 55)

3
8:30 Wellness Walking Group with Social Distance! (2nd floor Willows)
9:00 Catholic Mass (Most Precious Blood Catholic Church) (Channel 55)
10:00 Chair Exercise with Jackie (Channel 55)
10:00 Scenic Drive (Sign Up at TC Concierge) (Channel 55)
10:30 Yoga with Jackie (Channel 55)
10:30 The Great British Baking Show (TV Series) (Channel 22)
1:30 Chaplain Chats with Mike (Channel 55)
2:30 Conversation Connections: Not Just For Laughs (Sign-Up) (FH)
4:00 Feature Film: Seabiscuit (Channel 55)

4
9:30 Classic TV Shows! (Channel 22)
9:30 Exercise with Carolina (Channel 55)
10:00 Strength training with Carolina (Channel 55)
10:00 Wired Word (FH)
10:30 When Calls the Heart (TV Series) (Channel 22)
3:00 Friday Worship Service (Channel 55)
7:00 Friday Night Movie: (Channel 55)

5
10:15 Feature Film: Night at the Museum (Channel 55)
1:30 Afternoon Yoga Class (Channel 55)
3:30 Feature Film: A Beautiful Mind (Channel 55)

6
9:30 Sunday Worship (Channel 55/ Fellowship Hall)
10:30 Gaither Hymn Sing (Channel 55)
10:30 Sunday Worship (In-Person) (FH)
3:30 Feature Film: Cool Runnings (Channel 55)

7
Labor Day
8:00 Online Grocery Shopping Assistance! 8-9:30a (Art Studio Computers)
9:30 Classic TV Shows! (Channel 22)
9:30 Exercise with Carolina (Channel 55)
10:00 Strength training with Carolina (Channel 55)
10:30 When Calls the Heart (TV Series) (Channel 22)
10:40 Healthy Back (Channel 55)
1:00 Natural Grocers Talk: Fueling for Fitness (Channel 55)
1:30 Cooking with Chef Marco (Channel 55)
3:00 Short Stories with Ann (Channel 55)
4:00 Feature Film: (Channel 55)

8
8:30 Wellness Walking Group with Social Distance! (2nd floor Willows)
9:30 Morning Devotional with Mike (Channel 55)
10:00 Chair Exercise with Jackie (Channel 55)
10:00 Cranium Crunches (S/U) (FH)
10:30 Yoga with Jackie (Channel 55)
10:30 The Great British Baking Show (TV Series) (Channel 22)
1:00 Amazon Online Shopping with Laura (Aspens Conference Room (TC Concierge))
2:00 Common Grounds (Channel 55)
3:30 Stories with Jan B: (Channel 55)
4:00 Feature Film: (Channel 55)

9
8:00 Online Grocery Shopping Assistance! 8-9:30a (Art Studio Computers)
9:30 Classic TV Shows! (Channel 22)
9:30 Exercise with Carolina (Channel 55)
10:00 Strength training with Carolina (Channel 55)
10:30 Civilizations (Art Docuseries): How Do We Look? (Channel 22)
10:40 Healthy Back (Channel 55)
1:30 Spanish for Beginners (Channel 55)
2:00 Clermont Cocktail Cart: (Aspens Apartments coming to you!)
3:00 Photography with Marv Colsman (S/U) (FH)
4:00 Anne of Green Gables: The Sequel (Mini-Series Part 1) (Channel 55)

10
8:30 Wellness Walking Group with Social Distance! (2nd floor Willows)
9:00 Catholic Mass (Most Precious Blood Catholic Church) (Channel 55)
10:00 Chair Exercise with Jackie (Channel 55)
10:00 Scenic Drive (Sign Up at TC Concierge) (Channel 55)
10:30 Yoga with Jackie (Channel 55)
10:30 The Great British Baking Show (TV Series) (Channel 22)
1:30 Chaplain Chats with Mike (Channel 55)
3:00 Active Minds: Pakistan (Channel 55)
4:00 Feature Film: (Channel 55)

11
Patriot Day
9:30 Classic TV Shows! (Channel 22)
9:30 Exercise with Carolina (Channel 55)
10:00 Strength training with Carolina (Channel 55)
10:00 Wired Word (FH)
10:30 When Calls the Heart (TV Series) (Channel 22)
2:00 Clermont Cocktail Cart (Willows Apartments Coming to you!)
2:00 Superfoods Presentation: Apples (Channel 55)
3:00 Friday Worship Service (Channel 55)
7:00 Friday Night Movie: (Channel 55)

12
10:15 Feature Film: (Channel 55)
1:30 Afternoon Yoga Class (Channel 55)
3:30 Feature Film: (Channel 55)

13
9:30 Sunday Worship (Channel 55/ Fellowship Hall)
10:30 Gaither Hymn Sing (Channel 55)
10:30 Sunday Worship (In-Person) (FH)
3:30 Feature Film: (Channel 55)

14
8:00 Online Grocery Shopping Assistance! 8-9:30a (Art Studio Computers)
9:30 Classic TV Shows! (Channel 22)
9:30 Exercise with Carolina (Channel 55)
10:00 Strength training with Carolina (Channel 55)
10:30 When Calls the Heart (TV Series) (Channel 22)
10:40 Healthy Back (Channel 55)
3:00 Short Stories with Ann (Channel 55)
4:00 Feature Film: (Channel 55)

15
8:30 Wellness Walking Group with Social Distance! (2nd floor Willows)
9:30 Morning Devotional with Mike (Channel 55)
10:00 Chair Exercise with Jackie (Channel 55)
10:00 Cranium Crunches (S/U) (FH)
10:30 Yoga with Jackie (Channel 55)
10:30 The Great British Baking Show (TV Series) (Channel 22)
12:00 Sheldon Jewelry Design & Repair (Pick Up) (TC Concierge)
1:00 Amazon Online Shopping with Laura (Aspens Conference Room (TC Concierge))
2:00 Common Grounds (Channel 55)
2:30 Conversation Connections: Gender Equality (Sign-Up) (FH)
3:30 Stories with Jan B: (Channel 55)
4:00 Feature Film: (Channel 55)

16
8:00 Online Grocery Shopping Assistance! 8-9:30a (Art Studio Computers)
9:30 Classic TV Shows! (Channel 22)
9:30 Exercise with Carolina (Channel 55)
10:00 Strength training with Carolina (Channel 55)
10:30 Civilizations (Art Docuseries): God and Art (Channel 22)
10:40 Healthy Back (Channel 55)
1:30 Spanish for Beginners (Channel 55)
3:00 Fireside Chat with Chris (Channel 55)
4:00 Anne of Green Gables: The Sequel (Mini-Series Part 2) (Channel 55)

17
8:30 Wellness Walking Group with Social Distance! (2nd floor Willows)
9:00 Catholic Mass (Most Precious Blood Catholic Church) (Channel 55)
9:00 Trinkets & Treasures Time Slot Ticket Pick Up (TC)
10:00 Chair Exercise with Jackie (Channel 55)
10:00 Scenic Drive (Sign Up at TC Concierge) (Channel 55)
10:30 Yoga with Jackie (Channel 55)
10:30 The Great British Baking Show (TV Series) (Channel 22)
1:30 Chaplain Chats with Mike (Channel 55)
2:00 Trinkets & Treasures Time Slot Ticket Pick Up (TC)
2:30 Conversation Connections: Gender Equality (Sign-Up) (FH)
4:00 Feature Film: (Channel 55)

18
National POW/MIA Recognition Day
9:00 Trinkets & Treasures Time Slot Ticket Pick Up (TC)
9:30 Classic TV Shows! (Channel 22)
9:30 Exercise with Carolina (Channel 55)
10:00 Strength training with Carolina (Channel 55)
10:00 Wired Word (FH)
10:30 When Calls the Heart (TV Series) (Channel 22)
12:00 Sheldon Jewelry Design & Repair (Drop Off) (TC Concierge)
2:00 Trinkets & Treasures Time Slot Ticket Pick Up (TC)
3:00 Friday Worship Service (Channel 55)
7:00 Friday Night Movie: (Channel 55)

19
10:15 Feature Film: (Channel 55)
1:30 Afternoon Yoga Class (Channel 55)
3:30 Feature Film: (Channel 55)

20
9:30 Sunday Worship (Channel 55/ Fellowship Hall)
10:30 Gaither Hymn Sing (Channel 55)
10:30 Sunday Worship (In-Person) (FH)
3:30 Feature Film: (Channel 55)

21
8:00 Online Grocery Shopping Assistance! 8-9:30a (Art Studio Computers)
9:30 Classic TV Shows! (Channel 22)
9:30 Exercise with Carolina (Channel 55)
10:00 Strength training with Carolina (Channel 55)
10:30 When Calls the Heart (TV Series) (Channel 22)
10:40 Healthy Back (Channel 55)
1:30 Cooking with Chef Marco (Channel 55)
3:00 (Virtual) Birthday Party! (Channel 55)
3:00 Short Stories with Ann (Channel 55)
4:00 Feature Film: (Channel 55)

22
8:30 Wellness Walking Group with Social Distance! (2nd floor Willows)
9:30 Morning Devotional with Mike (Channel 55)
10:00 Chair Exercise with Jackie (Channel 55)
10:00 Cranium Crunches (S/U) (FH)
10:30 Yoga with Jackie (Channel 55)
10:30 The Great British Baking Show (TV Series) (Channel 22)
1:00 Amazon Online Shopping with Laura (Aspens Conference Room (TC Concierge))
2:00 Common Grounds (Channel 55)
2:30 Conversation Connections: Grief (Sign-Up) (FH)
3:30 Stories with Jan B: (Channel 55)
4:00 Feature Film: (Channel 55)

23
8:00 Online Grocery Shopping Assistance! 8-9:30a (Art Studio Computers)
9:30 Classic TV Shows! (Channel 22)
9:30 Exercise with Carolina (Channel 55)
10:00 Strength training with Carolina (Channel 55)
10:30 Civilizations (Art Docuseries): Encounters (Channel 22)
10:40 Healthy Back (Channel 55)
1:30 Spanish for Beginners (Channel 55)
2:00 Clermont Cocktail Cart: (Aspens Apartments coming to you!)
4:00 Anne of Green Gables: The Continuing Story (Mini-Series Part 2) (Channel 55)
8:00 Trinkets & Treasures! (Shopping Day 8-4) (FH)

24
8:30 Wellness Walking Group with Social Distance! (2nd floor Willows)
9:00 Catholic Mass (Most Precious Blood Catholic Church) (Channel 55)
10:00 Chair Exercise with Jackie (Channel 55)
10:00 Scenic Drive (Sign Up at TC Concierge) (Channel 55)
10:30 Yoga with Jackie (Channel 55)
10:30 The Great British Baking Show (TV Series) (Channel 22)
1:30 Chaplain Chats with Mike (Channel 55)
1:30 Conversation Connections: Grief (Sign-Up) (FH)
3:00 Active Minds: Germany (Channel 55)
4:00 Feature Film: (Channel 55)

25
9:30 Classic TV Shows! (Channel 22)
9:30 Exercise with Carolina (Channel 55)
10:00 Strength training with Carolina (Channel 55)
10:00 Wired Word (FH)
10:30 When Calls the Heart (TV Series) (Channel 22)
2:00 Clermont Cocktail Cart (Willows Apartments Coming to you!)
3:00 Friday Worship Service (Channel 55)
7:00 Friday Night Movie: (Channel 55)

26
10:15 Feature Film: (Channel 55)
1:30 Afternoon Yoga Class (Channel 55)
3:30 Feature Film: (Channel 55)

27
9:30 Sunday Worship (Channel 55/ Fellowship Hall)
10:30 Gaither Hymn Sing (Channel 55)
10:30 Sunday Worship (In-Person) (FH)
3:30 Feature Film: (Channel 55)

28
8:00 Online Grocery Shopping Assistance! 8-9:30a (Art Studio Computers)
9:30 Classic TV Shows! (Channel 22)
9:30 Exercise with Carolina (Channel 55)
10:00 Strength training with Carolina (Channel 55)
10:30 When Calls the Heart (TV Series) (Channel 22)
10:40 Healthy Back (Channel 55)
3:00 Short Stories with Ann (Channel 55)
4:00 Feature Film: (Channel 55)

29
8:30 Wellness Walking Group with Social Distance! (2nd floor Willows)
9:30 Morning Devotional with Mike (Channel 55)
10:00 Chair Exercise with Jackie (Channel 55)
10:00 Cranium Crunches (S/U) (FH)
10:30 Yoga with Jackie (Channel 55)
10:30 The Great British Baking Show (TV Series) (Channel 22)
1:00 Amazon Online Shopping with Laura (Aspens Conference Room (TC Concierge))
2:00 Common Grounds (Channel 55)
2:30 Conversation Connections (Sign-Up) (FH)
3:30 Stories with Jan B: (Channel 55)
4:00 Feature Film: (Channel 55)

30
8:00 Online Grocery Shopping Assistance! 8-9:30a (Art Studio Computers)
9:30 Classic TV Shows! (Channel 22)
9:30 Exercise with Carolina (Channel 55)
10:00 Strength training with Carolina (Channel 55)
10:30 Civilizations (Art Docuseries): Renaissances (Channel 22)
10:40 Healthy Back (Channel 55)
1:30 Spanish for Beginners (Channel 55)
3:00 Photography with Marv Colsman (S/U) (FH)
4:00 Anne of Green Gables: The Continuing Story (Mini-Series) (Channel 55)

Have an idea for a new program or feedback on something ongoing? Be sure to fill out a "Hey Life Enrichment" card at Town Center Concierge

All programs and events are subject to change as a result of resident preferences and/or ongoing Health Department directives