


August 2021

Clermont Park (IL | Activities)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
10:00 Sunday Worship, <i>FH</i> 6:30 Sunday Night Movie: Brigadoon (Update), <i>FH</i>	9:30 General Exercise with Carolina, <i>FC</i> 9:45 Catholic Mass, <i>FH</i> 10:00 Strength Training with Carolina, <i>FC</i> 10:40 Healthy Back with Carolina, <i>FC</i> 3:00 Short Stories with Ann, <i>Ch22</i> 6:30 Monday Night Movie: Slumdog Millionaire (R), <i>Ch22</i>	9:30 Men's Fellowship, <i>FH</i> 10:00 Cranium Crunches, <i>AS</i> 10:00 General Exercise with Jackie, <i>FC</i> 10:30 Yoga with Jackie, <i>FC</i> 11:30 Denver Public Library Bookmobile, <i>TC</i> 2:00 Common Grounds, <i>FH</i>	9:30 General Exercise with Carolina, <i>FC</i> 10:00 Strength Training with Carolina, <i>FC</i> 10:30 Gertie's Bday!: Model A & T Cars, <i>FPA</i> 10:40 Healthy Back with Carolina, <i>FC</i> 11:00 Gertie's Bday!: Meet the Broncos!, <i>TC</i> 11:30 Beginner Spanish Language Class, <i>AS</i> 1:15 Knitting for a Kause, <i>WL3</i> 3:00 Darts with Joe, <i>BR</i> 6:30 Mid-Week Music: Blues Brothers	10:00 Joy of Singing Sing-Along, <i>FH</i> 10:00 General Exercise with Jackie, <i>FC</i> 10:30 Yoga with Jackie, <i>FC</i> 1:00 Coloring Group, <i>AS</i> 2:30 Virtual Lecture: Visions of America (The Real Stories Behind Famous Photographs), <i>FH</i>	9:30 General Exercise with Carolina, <i>FC</i> 10:00 Wired Word, <i>FH</i> 10:00 Strength Training with Carolina, <i>FC</i> 10:40 Tai Chi/ Balance with Carolina, <i>FC</i> 1:00 Eye Spy- Low Vision Support, <i>FH</i> 3:00 Friday Worship Service, <i>FH</i> 6:30 Reel Fans Movie: The March of the Penguins, <i>FH</i>	10:00 Joy of Singing Sing-Along, <i>FH</i> 2:00 Virtual Fitness (Seated), <i>Ch22</i> 2:30 Virtual Fitness (Standing), <i>Ch22</i> 3:00 TED Talk: Why People Believe They Can't Draw, <i>Ch22</i>
8	9	10	11	12	13	14
10:00 Sunday Worship, <i>FH</i> 6:30 Sunday Night Movie:, <i>FH</i>	9:30 General Exercise with Carolina, <i>FC</i> 10:00 Bible Study with Jim, <i>FH</i> 10:00 Strength Training with Carolina, <i>FC</i> 10:40 Healthy Back with Carolina, <i>FC</i> 1:30 Getting to Know You (Women's Group), <i>FH</i> 6:30 Monday Night Movie, <i>Ch22</i>	9:30 Men's Fellowship, <i>FH</i> 10:00 Cranium Crunches, <i>AS</i> 10:00 General Exercise with Jackie, <i>FC</i> 10:30 Yoga with Jackie, <i>FC</i> 11:00 Lunch Outing to Perfect Landing, <i>OUT</i> 1:00 Art Class With Julie, <i>AS</i> 2:00 Common Grounds, <i>FH</i> 3:00 Resident Assembly, <i>FH</i>	9:30 General Exercise with Carolina, <i>FC</i> 10:00 Strength Training with Carolina, <i>FC</i> 10:40 Healthy Back with Carolina, <i>FC</i> 11:30 Beginner Spanish Language Class, <i>AS</i> 1:15 Knitting for a Kause, <i>WL3</i> 2:00 Art in the Park Gallery Opening w/ Musical Guest, <i>FH/AG</i> 3:00 Darts with Joe, <i>BR</i> 6:30 Mid-Week Music, <i>Ch22</i>	10:00 Joy of Singing Sing-Along, <i>FH</i> 10:00 General Exercise with Jackie, <i>FC</i> 10:30 Yoga with Jackie, <i>FC</i> 1:00 Coloring Group, <i>AS</i> 3:00 Active Minds: Afghanistan, <i>FH</i> 6:00 Bingo, <i>FH</i>	9:30 General Exercise with Carolina, <i>FC</i> 10:00 Wired Word, <i>FH</i> 10:00 Strength Training with Carolina, <i>FC</i> 10:40 Tai Chi/ Balance with Carolina, <i>FC</i> 2:00 Superfoods Presentation with Emilie, <i>TC</i> 3:00 Friday Worship Service, <i>FH</i> 6:30 Reel Fans Movie, <i>FH</i>	10:00 Joy of Singing Sing-Along, <i>FH</i> 12:00 Auditions: Fiddler on the Roof, <i>FH</i> 2:00 Virtual Fitness (Seated), <i>Ch22</i> 2:30 Virtual Fitness (Standing), <i>Ch22</i> 3:00 TED Talk:, <i>Ch22</i>
15	16	17	18	19	20	21
10:00 Sunday Worship, <i>FH</i> 6:30 Sunday Night Movie:, <i>FH</i>	9:30 General Exercise with Carolina, <i>FC</i> 10:00 Strength Training with Carolina, <i>FC</i> 10:40 Healthy Back with Carolina, <i>FC</i> 3:00 Birthday Party, <i>FH</i> 6:30 Monday Night Movie, <i>Ch22</i>	9:30 Men's Fellowship, <i>FH</i> 10:00 Cranium Crunches, <i>AS</i> 10:00 General Exercise with Jackie, <i>FC</i> 10:30 Yoga with Jackie, <i>FC</i> 11:30 Denver Public Library Bookmobile, <i>TC</i> 1:00 Art Class With Julie, <i>AS</i> 2:00 Common Grounds, <i>FH</i>	9:30 General Exercise with Carolina, <i>FC</i> 10:00 Strength Training with Carolina, <i>FC</i> 10:40 Healthy Back with Carolina, <i>FC</i> 11:30 Beginner Spanish Language Class, <i>AS</i> 1:00 Natural Grocers Presentation: "Turmeric: Spice of Life", <i>Ch22</i> 1:15 Knitting for a Kause, <i>WL3</i> 2:00 "Fun with Improv" Class, <i>FH</i> 3:00 Darts with Joe, <i>BR</i> 6:30 Mid-Week Music, <i>Ch22</i>	10:00 Joy of Singing Sing-Along, <i>FH</i> 10:00 General Exercise with Jackie, <i>FC</i> 10:30 Yoga with Jackie, <i>FC</i> 1:00 Coloring Group, <i>AS</i> 2:30 Virtual Lecture: The Science of Sleep and Stress (Jessica Payne, Notre Dame), <i>FH</i>	9:30 General Exercise with Carolina, <i>FC</i> 10:00 Wired Word, <i>FH</i> 10:00 Strength Training with Carolina, <i>FC</i> 10:40 Tai Chi/ Balance with Carolina, <i>FC</i> 1:30 Life Enrichment Calendar Planning, <i>FH</i> 3:00 Friday Worship Service, <i>FH</i> 6:30 Reel Fans Movie, <i>FH</i>	10:00 Joy of Singing Sing-Along, <i>FH</i> 2:00 Virtual Fitness (Seated), <i>Ch22</i> 2:30 Virtual Fitness (Standing), <i>Ch22</i> 3:00 TED Talk:, <i>Ch22</i>
22	23	24	25	26	27	28
10:00 Sunday Worship, <i>FH</i> 6:30 Sunday Night Movie:, <i>FH</i>	9:30 General Exercise with Carolina, <i>FC</i> 10:00 Bible Study with Jim, <i>FH</i> 10:00 Strength Training with Carolina, <i>FC</i> 10:40 Healthy Back with Carolina, <i>FC</i> 1:30 Getting to Know You (Women's Group), <i>FH</i> 6:30 Monday Night Movie, <i>Ch22</i>	9:30 Men's Fellowship, <i>FH</i> 9:45 Mini Golf and Lunch, <i>OUT</i> 10:00 Cranium Crunches, <i>AS</i> 10:00 General Exercise with Jackie, <i>FC</i> 10:30 Yoga with Jackie, <i>FC</i> 1:00 Art Class With Julie, <i>AS</i> 2:00 Common Grounds, <i>FH</i>	9:30 General Exercise with Carolina, <i>FC</i> 10:00 Strength Training with Carolina, <i>FC</i> 10:40 Healthy Back with Carolina, <i>FC</i> 11:30 Beginner Spanish Language Class, <i>AS</i> 1:15 Knitting for a Kause, <i>WL3</i> 1:30 Denver Water Presentation with Steve Snyder, <i>FH</i> 2:00 Happy Hour, <i>C</i> 3:00 Darts with Joe, <i>BR</i> 3:00 Listening & Learning with Don, <i>FH</i> 6:30 Mid-Week Music, <i>Ch22</i>	10:00 Joy of Singing Sing-Along, <i>FH</i> 10:00 General Exercise with Jackie, <i>FC</i> 10:30 Yoga with Jackie, <i>FC</i> 1:00 Coloring Group, <i>AS</i> 1:30 All Community Ice Cream Social, <i>C</i> 3:00 Active Minds: Peru, <i>FH</i> 6:00 Bingo, <i>FH</i>	9:30 General Exercise with Carolina, <i>FC</i> 10:00 Wired Word, <i>FH</i> 10:00 Strength Training with Carolina, <i>FC</i> 10:40 Tai Chi/ Balance with Carolina, <i>FC</i> 1:30 Deb Wadsworth Presentation: "Helen Henderson Chain", <i>FH</i> 3:00 Friday Worship Service, <i>FH</i> 6:30 Reel Fans Movie, <i>FH</i>	2:00 Virtual Fitness (Seated), <i>Ch22</i> 2:30 Virtual Fitness (Standing), <i>Ch22</i> 3:00 TED Talk:, <i>Ch22</i>
29	30	31			MEETING PLACES	MEETING PLACES
10:00 Sunday Worship, <i>FH</i> 6:30 Sunday Night Movie:, <i>FH</i>	9:30 General Exercise with Carolina, <i>FC</i> 10:00 Strength Training with Carolina, <i>FC</i> 10:40 Healthy Back with Carolina, <i>FC</i> 3:00 Short Stories with Ann, <i>Ch22</i> 6:00 Musical Rehearsals, <i>FH</i> 6:30 Monday Night Movie, <i>Ch22</i>	9:30 Men's Fellowship, <i>FH</i> 10:00 Cranium Crunches, <i>AS</i> 10:00 General Exercise with Jackie, <i>FC</i> 10:30 Yoga with Jackie, <i>FC</i> 11:30 Denver Public Library Bookmobile, <i>TC</i> 1:00 Art Class With Julie, <i>AS</i> 2:00 Common Grounds, <i>FH</i>			FH - Fellowship Hall FC - Fitness Center Ch22 - Channel 22 AS - Art Studio TC - Town Center FPA - Front Parking Area	WL3 - 3rd Fl Willows Lounge BR - Billiards Room OUT - Outing FH/AG - Fellowship Hall/Art Gallery C - Courtyard

