


Monday	Tuesday	Wednesday	Thursday	Friday
Coffee Chats News Briefing Daily Chronicles IN2L Exercise Monday Matinee Pokeno Relaxation Hour Snack Break	3 Coffee Chats News Briefing Daily Chronicles Sit Down Yoga Herbs Categories Bingo Relaxation Hour Snack Break	4 Coffee Chats News Briefing Daily Chronicles Ball Toss Exercise Massages(shoulder & neck) Darts Relaxation Hour Snack Break	5 Coffee Chats News Briefing Daily Chronicles Walk w/ Ease Exercise Train Categories Group Puzzle Relaxation Hour Snack Break	6 Closed
Coffee Chats News Briefing Daily Chronicles Balloon Volleyball Exercise Monday Matinee Word Search Puzzle Contest Relaxation Hour Snack Break	10 Coffee Chats News Briefing Daily Chronicles Fit & Strong Exercise Sip Tea & Paint Corn Holes Relaxation Hour Snack Break	11 Coffee Chats News Briefing Daily Chronicles Inhale Exhale Exercise Joy Ride Bake Muffins Relaxation Hour Snack Break	12 Coffee Chats News Briefing Daily Chronicles IN2L Exercise Mani/Pedi Dandelions Are A-Mazing Relaxation Hour Snack Break	13 Closed
Coffee Chats News Briefing Daily Chronicles Walk w/ Ease Exercise Monday Matinee Mixed-up Restaurant Relaxation Hour Snack Break	17 Coffee Chats News Briefing Daily Chronicles Ball Toss Exercise Spiritual Trivia Spelling Crosswords Relaxation Hour Snack Break	18 Coffee Chats News Briefing Daily Chronicles Sit Down Yoga Secret Hamburger Quote Pokeno Relaxation Hour Snack Break	19 Coffee Chats News Briefing Daily Chronicles Fit & Strong Exercise Weeds & Wild Flowers Bingo Relaxation Hour Snack Break	20 Closed
Coffee Chats News Briefing Daily Chronicles Sit Down Yoga Monday Matinee Silent Reading Relaxation Hour Snack Break	24 Coffee Chats News Briefing Daily Chronicles IN2L Exercise Massage(neck & shoulder) "Weed" it Out Relaxation Hour Snack Break	25 Coffee Chats News Briefing Daily Chronicles Walk w/ Ease Exercise Joy Ride A-mazing Salsa Relaxation Hour Snack Break	26 Coffee Chats News Briefing Daily Chronicles Balloon Volleyball Exercise Corn Holes Bake Cookies Relaxation Hour Snack Break	27 Closed
Coffee Chats News Briefing Daily Chronicles Fit & Strong Exercise Monday Matinee Mani/Pedi Relaxation Hour Snack Break	31	 <h1>May 2021</h1> <h2>Adult Day Services</h2>		

Calendar events are subject to change. Please call the Adult Day Center if you have any questions 720-974-3781.