

Sunday

Monday

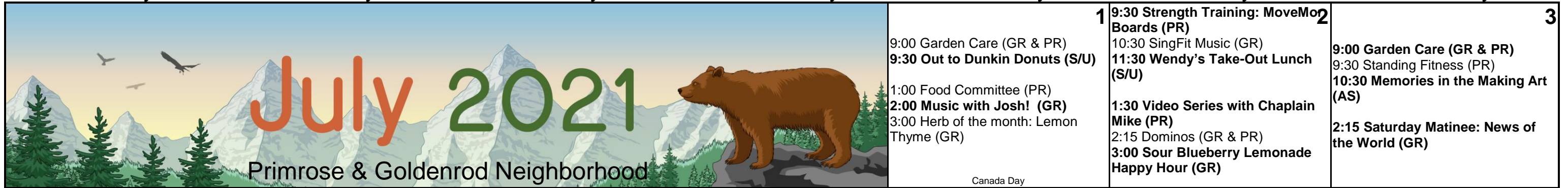
Tuesday

Wednesday

Thursday

Friday

Saturday



<p>4</p> <p>9:00 Garden Care (GR & PR) 9:30 Sunday Worship (CH 55) 10:30 Exploring IN2L (GR)</p> <p>1:00 Relaxation Hour: Manicures 2:15 Pokeno (GR) 3:00 Afternoon Exercise (GR)</p> <p><u>Happy Birthday Sue B!</u></p> <p>Independence Day (US)</p>	<p>5</p> <p>9:00 Garden Care (GR & PR) 9:30 Morning Fitness (PR) 9:45 Catholic Mass (FH) 10:30 Bingo with Irene (GR)</p> <p>1:00 Yahtzee (GR) 1:30 Ole Time TV: The Golden Girls (GR) 3:00 Music and Meditation (GR)</p>	<p>6</p> <p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:30 Fresh Flower Arrangements (AS)</p> <p>1:30 Eldergrow Gardening (GR) 3:00 Music Therapy with Lauren (GR)</p>	<p>7</p> <p>9:00 Garden Care (GR & PR) 9:30 Exercise: Hand Weights (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 2:00 Cooking with the Chef (PR) 3:00 Resident Council</p>	<p>8</p> <p>9:00 Garden Care (GR & PR) 9:00 Balloon Volleyball (PR) 10:30 Tie-Dye Tees (AS)</p> <p>2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Bean Day: Jelly Bean Tasting (PR)</p> <p style="text-align: center;">Canada Day</p>	<p>9</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMo Boards (PR) 10:30 SingFit Music (GR)</p> <p>12:45 Wii Bowling (GR) 1:30 Video Series with Chaplain Mike (PR) 2:15 Dominos (GR & PR) 3:00 Pineapple Coconut Margarita Happy Hour (GR)</p>	<p>10</p> <p>9:00 Garden Care (GR & PR) 9:30 Standing Fitness (PR) 10:30 Memories in the Making Art (AS)</p> <p>2:15 Saturday Matinee: News of the World (GR)</p>
<p>11</p> <p>9:00 Garden Care (GR & PR) 9:30 Sunday Worship (CH 55) 10:30 Exploring IN2L (GR)</p> <p>1:00 Relaxation Hour: Manicures 2:15 Pokeno (GR) 3:00 Afternoon Exercise (GR)</p>	<p>12</p> <p>9:00 Garden Care (GR & PR) 9:30 Morning Fitness (PR) 9:45 Catholic Mass (FH) 10:30 Bingo with Irene (GR)</p> <p>1:00 Yahtzee (GR) 1:30 Ole Time TV: The Golden Girls (GR) 3:00 Music and Meditation (GR)</p>	<p>13</p> <p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:30 Fresh Flower Arrangements (AS)</p> <p>1:30 Krispy Kreme Day: 14 Things You Didn't Know (GR) 3:00 Music Therapy with Lauren (GR)</p>	<p>14</p> <p>9:00 Garden Care (GR & PR) 9:30 Exercise with the Balls (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 2:15 Outdoor Walkabout 3:00 Shark Awareness Day: The Basic Facts (GR)</p>	<p>15</p> <p>9:00 Garden Care (GR & PR) 9:00 Balloon Volleyball (PR) 10:30 Homemade Gummy Worms (AS)</p> <p>2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Afternoon Movie: Watership Down (GR)</p>	<p>16</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMo Boards (PR) 10:30 SingFit Music (GR)</p> <p>12:45 Wii Bowling (GR) 1:30 Video Series with Chaplain Mike (PR) 2:15 Dominos (GR & PR) 3:00 Shark Attack Happy Hour with Mikaela (GR)</p>	<p>17</p> <p>9:00 Garden Care (GR & PR) 9:30 Standing Fitness (PR) 10:30 Memories in the Making Art (AS)</p> <p>2:15 Saturday Matinee: Journey to the Center of the Earth (1959) (GR)</p>
<p>18</p> <p>9:00 Garden Care (GR & PR) 9:30 Sunday Worship (CH 55) 10:30 Exploring IN2L (GR)</p> <p>1:00 Relaxation Hour: Manicures 2:15 Pokeno (GR) 3:00 Afternoon Exercise (GR)</p>	<p>19</p> <p>9:00 Garden Care (GR & PR) 9:30 Morning Fitness (PR) 10:30 Bingo with Irene (GR)</p> <p>1:00 Rummikub with Betty (GR) 1:30 Ole Time TV: I Dream of Jeannie (GR) 3:00 Music and Meditation (GR)</p>	<p>20</p> <p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:30 Fresh Flower Arrangements (AS)</p> <p>1:30 Eldergrow Gardening (GR) 3:00 Music Therapy with Lauren (GR)</p>	<p>21</p> <p>9:00 Garden Care (GR & PR) 9:30 Exercise: Hand Weights (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 2:00 Cooking with the Chef (PR) 3:00 Beer and Bowling (GR)</p>	<p>22</p> <p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:30 Making Strawberry Rhubarb Simple Syrup (GR)</p> <p>2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Recreating Iconic Photos (PR)</p>	<p>23</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMo Boards (PR) 10:30 SingFit Music (GR)</p> <p>12:45 Wii Bowling (GR) 1:30 Video Series with Chaplain Mike (PR) 2:15 Dominos (GR & PR) 3:00 Strawberry Rhubarb Gin Fizz Happy Hour (GR)</p>	<p>24</p> <p>9:00 Garden Care (GR & PR) 9:30 Memories in the Making Art (AS) 10:30 Fitness with Jackie! (PR)</p> <p>2:15 Saturday Matinee: North By Northwest (GR)</p>
<p>25</p> <p>9:00 Garden Care (GR & PR) 9:30 Sunday Worship (CH 55) 10:30 Exploring IN2L (GR)</p> <p>1:00 Relaxation Hour: Manicures 2:15 Pokeno (GR) 3:00 Afternoon Exercise (GR)</p>	<p>26</p> <p>9:00 Garden Care (GR & PR) 9:30 Morning Fitness (PR) 10:30 Bingo with Irene (GR)</p> <p>1:00 Yahtzee (GR) 1:30 Ole Time TV: The Andy Griffith Show (GR) 3:00 Birthday Party! (MP)</p>	<p>27</p> <p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:30 Fresh Flower Arrangements (AS)</p> <p>1:30 Hula Hoop Contest! (Team Members) (GR Patio) 3:00 Music Therapy with Lauren (GR)</p>	<p>28</p> <p>9:00 Garden Care (GR & PR) 9:30 Exercise with the Balls (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 2:15 Outdoor Walkabout 3:00 Jump Rope Day (Team Members) and Water Gun Fight! (GR Patio) <u>Happy Birthday Heinz W.!</u></p>	<p>29</p> <p>9:00 Garden Care (GR & PR) 9:00 Balloon Volleyball (PR) 10:30 Global Tiger Day: Tiger Trivia (GR)</p> <p>2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Broken Jewelry Art (AS)</p>	<p>30</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMo Boards (PR) 10:30 SingFit Music (GR)</p> <p>12:45 Wii Bowling (GR) 1:30 Video Series with Chaplain Mike (PR) 2:15 Dominos (GR & PR) 3:00 Moscow Mule Float Happy Hour (GR)</p>	<p>31</p> <p>9:00 Garden Care (GR & PR) 9:30 Standing Fitness (PR) 10:30 Memories in the Making Art (AS)</p> <p>2:15 Saturday Matinee: Cats and Dogs (GR)</p>