

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:00 Garden Care (GR & PR) 9:30 Sunday Worship (CH 55) 10:30 Exploring IN2L (GR)</p> <p>1:00 Relaxation Hour: Manicures 2:15 Pokeno (GR) 3:00 Afternoon Exercise (GR)</p>	<p>2</p> <p>9:00 Garden Care (GR & PR) 9:30 Morning Fitness (PR) 9:45 Catholic Mass (FH) 10:30 Bingo with Irene (GR)</p> <p>1:00 Yahtzee (GR) 1:30 Ole Time TV: The Johnny Carson Show (GR) 3:00 Music and Meditation (GR)</p>	<p>3</p> <p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:30 Fresh Flower Arrangements (AS)</p> <p>1:00 Herb of the Month: Orange Mint (GR) 1:30 Eldergrow Gardening (GR) 3:00 Music Therapy with Lauren (GR)</p>	<p>4</p> <p>9:00 Garden Care (GR & PR) 9:30 Exercise: Hand Weights (PR) 10:30 Happy Birthday Gertie! Model T Cars and Broncos Alumni (Outside)</p> <p>1:00 Chaplain Chats (PR) 2:00 Cooking with the Chef (PR) 3:00 Resident Council</p>	<p>5</p> <p>9:00 Garden Care (GR & PR) 9:00 Balloon Volleyball (PR) 10:30 Memories in the Making Art</p> <p>1:00 Food Committee (PR) 2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 American Bandstand Day: 1950's Trivia (GR)</p>	<p>6</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 SingFit Music (GR) 12:45 Wii Bowling (GR) 1:30 Video Series with Chaplain Mike (PR) 2:15 Dominos (GR & PR) 3:00 Not Your Father's Root Beer Happy Hour (GR)</p>	<p>7</p> <p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Standing Fitness (PR)</p> <p>2:15 Saturday Matinee: A League of Their Own (GR)</p>
<p>8</p> <p>9:00 Garden Care (GR & PR) 9:30 Sunday Worship (CH 55) 10:30 Exploring IN2L (GR)</p> <p>1:00 Relaxation Hour: Manicures 2:15 Pokeno (GR) 3:00 Afternoon Exercise (GR)</p>	<p>9</p> <p>9:00 Garden Care (GR & PR) 9:30 Morning Fitness (PR) 10:30 Bingo with Irene (GR)</p> <p>1:00 Yahtzee (GR) 1:30 Ole Time TV: The Golden Girls (GR) 3:00 Music and Meditation (GR)</p>	<p>10</p> <p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:30 Fresh Flower Arrangements (AS)</p> <p>1:30 Baking Brown Butter Bourbon Spice Cookies (GR) 3:00 Music Therapy with Lauren (GR)</p>	<p>11</p> <p>9:00 Garden Care (GR & PR) 9:30 Exercise with the Balls (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 2:15 Outdoor Walkabout 3:00 Making Peach Smoothies (GR)</p>	<p>12</p> <p>9:00 Garden Care (GR & PR) 9:00 Balloon Volleyball (PR) 10:45 Lunch at Citron Bistro (S/U)</p> <p>2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Orange Mint Mojito and Citrus Foot Soak (GR)</p>	<p>13</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 SingFit Music (GR) 12:45 Wii Bowling (GR) 1:30 Video Series with Chaplain Mike (PR) 2:15 Dominos (GR & PR) 3:00 "Good Luck Chuck" Cocktail Happy Hour (GR)</p>	<p>14</p> <p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Fitness with Jackie! (PR)</p> <p>2:15 Saturday Matinee: Soul (GR) <i>Happy Birthday Bob M.!</i></p>
<p>15</p> <p>9:00 Garden Care (GR & PR) 9:30 Sunday Worship (CH 55) 10:30 Exploring IN2L (GR)</p> <p>1:00 Relaxation Hour: Manicures 2:15 Pokeno (GR) 3:00 Afternoon Exercise (GR)</p>	<p>16</p> <p>9:00 Garden Care (GR & PR) 9:30 Morning Fitness (PR) 10:30 Bingo with Irene (GR)</p> <p>1:00 Rummikub with Betty (GR) 1:30 Ole Time TV: I Dream of Jeannie (GR) 3:00 Birthday Party! (FH)</p>	<p>17</p> <p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:30 Fresh Flower Arrangements (AS)</p> <p>1:30 Eldergrow Gardening (GR) 3:00 Music Therapy with Lauren (GR)</p>	<p>18</p> <p>9:00 Garden Care (GR & PR) 9:30 Exercise: Hand Weights (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 2:00 Cooking with the Chef (PR) 3:00 Pictures and Poetry (GR)</p>	<p>19</p> <p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:30 Memories in the Making Art</p> <p>12:30 Frozen Yoghurt at Pinkberry (S/U) 2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Making Watermelon Salad (GR)</p>	<p>20</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 SingFit Music (GR)</p> <p>12:45 Wii Bowling (GR) 1:30 Video Series with Chaplain Mike (PR) 2:15 Dominos (GR & PR) 3:00 Pineapple Mango Rum Punch Happy Hour (GR)</p>	<p>21</p> <p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Standing Fitness (PR)</p> <p>2:15 Saturday Matinee: Parental Guidance (GR)</p>
<p>22</p> <p>9:00 Garden Care (GR & PR) 9:30 Sunday Worship (CH 55) 10:30 Exploring IN2L (GR)</p> <p>1:00 Relaxation Hour: Manicures 2:15 Pokeno (GR) 3:00 Afternoon Exercise (GR)</p>	<p>23</p> <p>9:00 Garden Care (GR & PR) 9:30 Morning Fitness (PR) 10:30 Bingo with Irene (GR)</p> <p>1:00 Yahtzee (GR) 1:30 Ole Time TV: The Andy Griffith Show (GR) 3:00 Music and Meditation (GR)</p>	<p>24</p> <p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:30 Fresh Flower Arrangements (AS)</p> <p>1:30 Making Oreo Cookie Popcorn (GR) 3:00 Music Therapy with Lauren (GR)</p>	<p>25</p> <p>9:00 Garden Care (GR & PR) 9:30 Exercise with the Balls (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 2:15 Outdoor Walkabout 3:00 DIY Orange Mint Gel Air Fresheners (AS)</p>	<p>26</p> <p>9:00 Garden Care (GR & PR) 8:00 Out to Breakfast (S/U) 11:00 Balloon Volleyball (PR)</p> <p>1:30 All Community Ice Cream Social (Courtyard) 2:45 Netflix Movie: Resident Choice! (GR)</p>	<p>27</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 SingFit Music (GR)</p> <p>12:45 Wii Bowling (GR) 1:30 Video Series with Chaplain Mike (PR) 2:15 Dominos (GR & PR) 3:00 Peach Mint Julep Happy Hour (GR)</p>	<p>28</p> <p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Fitness with Jackie! (PR)</p> <p>2:15 Saturday Matinee: The Shaggy Dog (GR)</p>
<p>29</p> <p>9:00 Garden Care (GR & PR) 9:30 Sunday Worship (CH 55) 10:30 Exploring IN2L (GR)</p> <p>1:00 Relaxation Hour: Manicures 2:15 Pokeno (GR) 3:00 Afternoon Exercise (GR)</p>	<p>30</p> <p>9:00 Garden Care (GR & PR) 9:30 Morning Fitness (PR) 10:30 Bingo with Irene (GR)</p> <p>1:00 Rummikub with Betty (GR) 1:30 Ole Time TV: The Carol Burnett Show (GR) 3:00 Music and Meditation (GR)</p>	<p>31</p> <p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:30 Fresh Flower Arrangements (AS)</p> <p>1:30 Baking a Brown Sugar Peach Cake (GR) 3:00 Music Therapy with Lauren (GR)</p>	 <p>August 2021 Primrose & Goldenrod Neighborhoods</p>			