






AUGUST 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Color Key</p> <p>Outings* </p> <p>Socials </p> <p>Entertainers </p> <p>Birthdays </p>	<p>Locations: CR: Community Room AS: Art Studio FH: Fellowship Hall 3rd FL: 3rd Floor Lounge 2nd FW: 2nd Floor Willows FC: Fitness Center</p>	<p>We encourage requests and suggestions for activities and outings. Let Courtney or Tiffany know if there are things you would like to do or places you would like to go!</p>	<p>Please like us on Facebook to see photos of the club's culture and life enrichment</p> 	<p>1 Colorado Day! Coffee Chat & Chronicle 1030 Curious Dragonfly: King Tut Part 2 230 Happy Hour Exercise Word Bank</p>	<p>2 Coffee Chat & Chronicle 1130 Lunch in the Marketplace 130 Curious Dragonfly: Making Birdhouses Word Categories</p>	<p>3</p>
4	<p>5 Coffee Chat & Chronicle Group Puzzle 10 Curious Dragonfly: Earthquakes 2 Lita on Piano 3 Honey</p>	<p>6 Coffee Chat & Chronicle 930 Chaplin Rebecca 10 Watch Battery Replacement \$8 10 Holocaust Survivor 1030 Kick it up a notch! With Meg</p>	<p>7 Coffee Chat & Chronicle 130 Chaplin Chats w/ Mike/Juli 230 Happy Hour Exercise 21 Questions</p>	<p>8 Coffee Chat & Chronicle 10 Scenic Drive 11:30 Lunch in the Marketplace 230 Active minds : Space Exploration—FH</p>	<p>9 Coffee Chat & Chronicle 1130 Lunch in the Marketplace Family Feud Gardening</p>	10
11	<p>12 Coffee Chat & Chronicle Exercise The Price is Right Who What When 230 Happy Hour Gardening</p>	<p>13 930 Chaplin Rebecca 1030 Kick it up a notch! With Meg 11:30 Luau Lunch in the Marketplace Exercise</p>	<p>14 Coffee Chat & Chronicle 130 Chaplin Chats w/ Mike/Juli Exercise Group Puzzle Gardening</p>	<p>15 Coffee Chat & Chronicle Farkle Exercise 145 Lavender as Sensory with Jan</p>	<p>16 Coffee Chat & Chronicle 1130 Lunch in the Marketplace Bowling Dice Group Puzzle Exercise</p>	17
18	<p>19 Coffee Chat & Chronicle Group Puzzle Exercise Baking 2 Lita on Piano 3 Honey</p>	<p>20 Coffee Chat & Chronicle 930 Chaplin Rebecca 1030 Kick it up a notch! With Meg 230 Happy Hour Exercise</p>	<p>21 10 Mike Nelson Meteorologist FH 12 Lunch Marketplace 130 Chaplin Chats w/ Mike/Juli 2 All Community FH</p>	<p>22 Coffee Chat & Chronicle Baking: Brownies 10 Active Minds: History of Colorado—CR2 1:30 Music Therapy & Movement with Aileen</p>	<p>23 Coffee Chat & Chronicle 1130 Lunch in the Marketplace 130 Alzheimer's Association Bake Sale—Town Center</p>	24
25	<p>26 Coffee Chat & Chronicle Exercise 930 Colorado Sports Hall of Fame 1230 Lunch Marketplace</p>	<p>27 Coffee Chat & Chronicle 930 Chaplin Rebecca 1030 Kick it up a notch! With Meg Exercise</p>	<p>28 Coffee Chat & Chronicle 130 Chaplin Chats w/ Mike/Juli Exercise Group Puzzle</p>	<p>29 Coffee Chat & Chronicle 230 Happy Hour Exercise Gardening</p>	<p>30 Coffee Chat & Chronicle 1130 Lunch in the Marketplace Exercise Windmill Boutique</p>	31

Ongoing Activities

Wellness Walking Group (2ndFW)
Tuesday & Thursday 8:30am
Exercise with Carolina (FC)
Monday, Wednesday, Friday 9:30am
Strength Class with Carolina (FC)
Monday, Wednesday, Friday 10:05am
Healthy Back (FC)
Monday & Wednesday 10:40am
Fitness Center
Anytime at request

SPIRITUAL SERVICES

Catholic Mass (CR) 1st Mon @ 9:45am
Bible Study (FH) 1st & 3rd Mondays @ 10:00am
Friday Worship Service (FH) @ 3:00 pm
Peaceful Hour (FH) Monday 9:00am
*If you desire to meet with a Chaplain or another clergy of another faith, let Courtney or Tiffany know and we can make arrangements for you

CARDS & GAMES

Refresher Bridge (3rd FL) Monday 1:00pm
Uno, Monopoly, Farkle, Rummy, Black Jack, Poker—
Any games you'd like by request.

MISCELLANEOUS

Sign Language (AS) Mondays @ 1:00 pm
Keepers Committee—Employee Retention (CR 1st)
4th Wednesday of the Month
Spanish Class—Wednesdays @ 12:00
Boutique Shopping — Anytime by request
Clermont Market— Anytime by request
Library — Anytime by request
Salon —Let Courtney or Tiffany know and we can make an appointment for you

ARTS

Art Gallery— Anytime by request
Drawing with Julie— Tuesdays @ 12:45
Adult Coloring Group— Thursdays @ 1:30pm in the MPL
Art Room Access Anytime— Various art supplies are always at the ready. Let Courtney or Tiffany know if there are any art supplies you would like and we can get them for you.